



DEPARTMENT OF MECHANICAL ENGINEERING

Staff Development Program Report

Dates: June 27th-29th, 2024

Venue: K S Institute of Technology

Introduction

The Staff Development Program (SDP) held from June 27th-29th, 2024, aimed to enhance the skills, knowledge, and overall professional growth of non-teaching staff members from KSIT, KSSEM, KSP, KS PUC, and KSSA. The program was attended by 71 participants and included a series of sessions conducted by esteemed speakers, focusing on various aspects of professional development, maintenance, safety, health, and wellness.



Fig: Inauguration of Staff Development Program



Fig: Participants at Inauguration of Staff Development Program

Day 1: June 27th, 2024

Sessions and Speakers:

1. Professionalism & Career Development

- Speaker: V. Anantha Ramaiah
- Summary: The session emphasized the importance of professionalism in the workplace and provided participants with strategies to advance their careers. Key topics included effective communication, time management, and leadership skills.

2. Maintenance & Safety at Workplace

- Speaker: Sreedhar
- Summary: This session focused on the critical aspects of workplace maintenance and safety protocols. Participants were trained on safe equipment handling, emergency procedures, and creating a safe working environment.



Fig: V. Anantha Ramaiah Taking over the session



Fig: Mr Sreedhar Taking over the session

Day 2: June 28th, 2024

Sessions and Speakers:

1. Health & Wellness

- **Speaker:** Hanumantha Rao
- **Summary:** Hanumantha Rao led a comprehensive session on health and wellness, highlighting the significance of physical and mental health in enhancing workplace productivity. Topics covered included stress management, yoga practices, and health awareness.

2. Requirement of Accreditation & Ranking Framework

- **Speaker:** Dr. Shashikumara S R
- **Summary:** Dr. Shashikumara S R discussed the essential requirements for accreditation and the importance of adhering to ranking frameworks. The session provided insights into maintaining academic and operational excellence, ensuring compliance with standards.





Fig: Session handled by Hanumantha Rao and Dr Shashi Kumara S R

Day 3: June 29th, 2024

Activity: Visit to Sri Sri Ravishankar Guruji Ashram (Art of Living)

- **Summary:** On the final day, participants visited the Sri Sri Ravishankar Guruji Ashram (Art of Living) to gain insights into holistic living and stress relief techniques. The visit included interactive sessions on meditation, team-building activities, and exploring the principles of the Art of Living foundation.





Fig: Group Photo at Sri Sri Sri Ravishankar guruji Ashrama (Art of living)



Fig: Group Photo with all participants

Participants' Feedback

The feedback from participants was overwhelmingly positive. They appreciated the diverse range of topics covered and the expertise of the speakers. The sessions were described as informative and engaging. The visit to the ashram was particularly well-received, providing a unique and enriching experience.

Conclusion

The Staff Development Program successfully achieved its objectives of enhancing professional skills, promoting health and wellness, and fostering a culture of continuous learning among non-teaching staff. The active participation and enthusiasm of the attendees contributed to the overall success of the program. We look forward to organizing more such programs in the future to continue supporting the professional development of our staff.

Acknowledgements

We extend our sincere gratitude to the speakers and participants for their invaluable contributions to the success of this program. Special thanks to V. Anantha Ramaiah, Sreedhar, Hanumantha Rao, and Dr. Shashikumara S R for sharing their knowledge and expertise.

Signature of the Coordinators

Signature of HOD

Signature of KSRI (Executive Director)

Signature of Principal