

## ASH COMMITTEE COMPOSITION, FUNCTIONS AND RESPONSIBILITIES

YEAR	SEMESTER	SL. NO	COMPOSITION FACULTY & STUDENTS	FUNCTIONS/ RESPONSIBILITIES
2018-19	ODD	<b>Faculty Coordinators</b>		Ours is Co-educational Institution, the committee has to set right the grievances / complaints rose by the girl students. Need to protect gender policy. Formulate committee as per VTU Norms.
		1	Dr. Chanda.V.Reddy, TE	
		2	Ms. Nirmala, MED	
		3	Ms. SreeSudha, MED	
		4	Ms. Sangeetha. V, ECE	
		5	Vijaylaxmi Mekali, CSE	
		6	Ms, Rekha N, TE	
		7	Sridevi. B.R, BS&H	
		8	Ms. M. Vasantha, Library	
		<b>Students Coordinators</b>		
		1	Harini B H, CS	
		2	KirthikaJagannath, CS	
		3	Pavithra K R, CS	
		4	Bargavi. C, CS	
		5	Shashikaa, CS	
		6	Likitha, EC	
		7	Sadhvika Chandra R, EC	
		8	Shivani K, EC	
		9	Bhamini Rajanna, EC	
10	Sanjana P Nadig, EC			
11	Prathana Amar, ME			

12	Pavithra.B, ME
13	D.Sowjanya, ME
14	Tanu shree.c, ME
15	Vasunidhi .S, ME
16	Harshitha H, TE
17	Ritu Parna A, TE
18	Gowthami V, TE
19	Apsara B S, TE
20	Rakshitha K, TE
21	G. Prathibha, BS&H
22	Ayesha Ruman, BS&H
23	Keerthana. M, BS&H
24	Rithana N Raj, BS&H

**Faculty Coordinators**

EVEN	1	Dr. Chanda.V.Reddy, TE
	2	Ms. Nirmala, MED
	3	Ms. SreeSudha, MED
	4	Ms. Sangeetha. V, ECE
	5	Vijaylaxmi Mekali, CSE
	6	Ms, Rekha N, TE
	7	Sridevi. B.R, BS&H
	8	Ms. M. Vasantha, Library

**Students Coordinators**

1	Harini B H, CS
2	KirthikaJagannath, CS
3	Pavithra K R, CS

4	Bargavi. C, CS
5	Shashikaa, CS
6	Likitha, EC
7	Sadhvika Chandra R, EC
8	Shivani K, EC
9	Bhamini Rajanna, EC
10	Sanjana P Nadig, EC
11	Prathana Amar, ME
12	Pavithra.B, ME
13	D.Sowjanya, ME
14	Tanu shree.c, ME
15	Vasunidhi .S, ME
16	Harshitha H, TE
17	Ritu Parna A, TE
18	Gowthami V, TE
19	Apsara B S, TE
20	Rakshitha K, TE
21	G. Prathibha, BS&H
22	Ayesha Ruman, BS&H
23	Keerthana. M, BS&H
24	Rithana N Raj, BS&H

12

# K.S.INSTITUTE OF TECHNOLOGY, BANGALORE-109

## Anti Sexual Harassment Committee

Date: 17/08/2018

All the ASH members are hereby requested to attend the meeting in TCE HOD's chamber on 20/08/2018 at 12.30PM along with the student representatives.

### Co-ordinator:

Ms.Chanda.V.Reddy, TCE

### MEMBERS:

Ms. Sree Sudha, MED *Nundli*  
Ms. Sangeetha.V, ECE  
Ms. Nithya Kumari, ECE *Rolle*  
Ms. Vijayalakshmi, CSE *Star*  
Ms. Rekha.N, TCE *S*  
Ms. Sridevi B R, BS & H *Srid*

*(R)*  
*17/8/18*

# K.S.INSTITUTE OF TECHNOLOGY, BANGALORE-109

## Anti Sexual Harassment Committee

Date: 20/08/2018

Minutes of meeting held on 20/08/2018 at 12.30 pm in TCE HOD's chamber

- Discussed regarding the arrangements of the event "Nurture the Future-Empower the Adolescent Girls" to be held on 3/09/2018 at 1:30PM.
- Discussed regarding the requirements for girls common room.

### Co-ordinator:

Ms.Chanda.V.Reddy, TCE

### MEMBERS:

Ms. Sree Sudha, MED *Sudha*  
Ms. Sangeetha.V, ECE *V. Sangeetha*  
Ms. Nithya Kumari, ECE *Nithya*  
Ms. Vijayalakshmi, CSE *Vijayalakshmi*  
Ms. Rekha.N, TCE *Rekha*  
Ms. Sridevi B R, BS & H *Sridevi*

*(V.R.)*  
*20/8/18*



# K.S.INSTITUTE OF TECHNOLOGY,BANGALORE

## ANTI SEXUAL HARASSMENT COMMITTEE REPORT

Date:10.10.18

All the ASH members are hereby requested to attend the meeting in HOD's Chamber on 12/10/18 at 12.30 pm along with student representatives.

### Co-Ordinator:

Ms. Chanda V. Reddy ,TCE

*CR*  
*10/10/18*

### Members:

Ms.L.Nirmala,MED

Ms. Sreesudha, MED

Ms.Sangeetha.V, ECE

Ms. Vijayalakshmi, CSE

Ms.Rekha.N,TCE

Ms. Sridevi B.R , BS &H

Ms.Vasanth,Librarian

*Chanda*  
*V-Co*

*Srid*  
*Vasanth*





# K.S.INSTITUTE OF TECHNOLOGY,BANGALORE

## ANTI SEXUAL HARASSMENT COMMITTEE REPORT

Date:12.10.18


- Requirements for girls common room which was discussed in earlier meeting has been met.
- Discussed about monitoring dress code and ID particularly for first year students.

### Co-Ordinator:


Ms. Chanda V. Reddy ,TCE

  
12/10/18


### Members:

Ms.L.Nirmala,MED 


Ms. Sreesudha, MED 

Ms.Sangeetha.V, ECE 

Ms. Vijayalakshmi, CSE

Ms.Rekha.N,TCE 

Ms. Sridevi B.R , BS &H 

Ms.Vasanth,Librarian 



# K.S.INSTITUTE OF TECHNOLOGY,BANGALORE

## ANTI SEXUAL HARASSMENT COMMITTEE REPORT

Date:16.01.19

### REPORT 2018-19 (ODD):

- Discipline regarding dress code and ID has been monitored.
- Common room stock verification has done and report is attached.
- Requirements for the girls common room has been taken care.
- The details of College Internal ComplaintsCommittee (CICC) details has been forwarded to registrar VTU.
- Conducted an awareness program in association Lions club on “Nurture the Future & Empower the Adolescent Girls“by Dr.Hemavathi Srinivasan followed by Demonstration on “Self Defense” by Dr.Ritesh Reddy and Team on 3<sup>rd</sup>September 2018.

### Co-Ordinator:

Ms. Chanda V. Reddy ,TCE

*(Signature)*  
18/1/19

### Members:

Ms.L.Nirmala,MED *gn*

Ms.Sreesudha, MED *Sudha*

Ms.Sangeetha.V, ECE *v. S.*

Ms.Vijayalakshmi, CSE

Ms.Rekha.N,TCE *R*

Ms.Sridevi B.R, BS &H *Sridevi*

Ms.Vasantha,Librarian *Vasantha*

*21.1.19*



# K.S.INSTITUTE OF TECHNOLOGY, BANGALORE-109

## Anti Sexual Harassment Committee

Date: 14/02/2019

Minutes of meeting

Following points were discussed in the meeting held on 14-2-2019 at 12.30pm in TCE HOD chamber.

1. Awareness regarding the sanitary incinerator installed in 1<sup>st</sup> floor old building Girls rest room near CSE dept has been created among the staff and students.
2. Discussed regarding monitoring dress code, IDs and Rest room frequently by the staff with respect to discipline.

### Co-ordinator:

Ms.Chanda.V.Reddy, TCE

(R) *Chanda*  
14/2/19

### MEMBERS:

Ms. Sree Sudha, MED *Sudha*

Ms. Nirmal L, MED *Nirmal*

Ms. Sangeetha.V, ECE *Sangeetha*

Ms. Vijayalakshmi, CSE *Vijayalakshmi*

Ms. Rekha.N, TCE *Rekha*

Ms. Sridevi B R, BS & H *Sridevi*

Ms. Vasanth M Librarian *Vasanth*



# K.S.INSTITUTE OF TECHNOLOGY, BANGALORE

## ANTI SEXUAL HARASSMENT COMMITTEE REPORT

Date:3.06.19

### REPORT 2018-19 (EVEN):

- Requirements for the girl's common room have been taken care.
- Discipline regarding dress code and ID has been monitored.
- Common room stock verification has done and report is attached.
- The details of College Internal Complaints Committee (CICC) details have been forwarded to registrar VTU.
- Two Incinerators and one vending machine installed in girl's common room on 12<sup>th</sup> April 2019 and demonstration given to students.
- Conducted an International Girls in ICT day program in association with ORACLE Volunteering on "Emerging Technology Jobs & Women in Work Place" by Hemant Bansal and Team on 25<sup>th</sup> April, 2019.

### Co-Ordinator:

Dr. Chanda V. Reddy, TCE

  
3/6/19.

### Members:

Ms. Sreesudha, MED



Ms. Nirmala, MED



Ms. Sangeetha.V, ECE



Ms. Vijayalakshmi, CSE

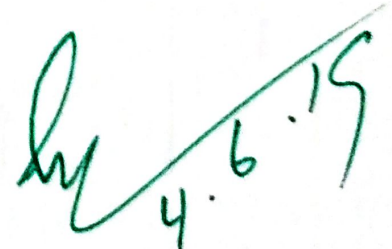


Ms. Sridevi B.R , BS &H



Ms. Rekha N. TCE



  
4.6.19

# K.S.INSTITUTE OF TECHNOLOGY, BANGALORE-109

## Anti Sexual Harassment Committee

Date: 13/02/2019

All the ASH members are hereby requested to attend the meeting in TCE HOD's chamber on 14/02/2019 at 12.30PM along with the student representatives.

### Co-ordinator:

Ms.Chanda.V.Reddy, TCE

  
13/2/19

### MEMBERS:

Ms. Sree Sudha, MED

Ms. Nirmal L, MED

Ms. Sangeetha.V, ECE

Ms. Vijayalakshmi, CSE

Ms. Rekha.N, TCE

Ms. Sridevi B R, BS & H

Ms. Vasanth M Librarian















# K.S.INSTITUTE OF TECHNOLOGY, BANGALORE-109

## Anti Sexual Harassment Committee

Date: 20/08/2018

Minutes of meeting held on 20/08/2018 at 12.30 pm in TCE HOD's chamber

- Discussed regarding the arrangements of the event "Nurture the Future-Empower the Adolescent Girls" to be held on 3/09/2018 at 1:30PM.
- Discussed regarding the requirements for girls common room.

### Co-ordinator:

Ms.Chanda.V.Reddy, TCE

### MEMBERS:

Ms. Sree Sudha, MED *Sudha*  
Ms. Sangeetha.V, ECE *V. Sangeetha*  
Ms. Nithya Kumari, ECE *Nithya*  
Ms. Vijayalakshmi, CSE *Vijayalakshmi*  
Ms. Rekha.N, TCE *Rekha*  
Ms. Sridevi B R, BS & H *Sridevi*

*VR*  
*20/8/18*





Kammavari Sangham © 1952  
K. S. GROUP OF INSTITUTIONS  
**K. S. INSTITUTE OF TECHNOLOGY**  
(Approved by AICTE, New Delhi & Affiliated to VTU, Belagavi)  
#14, Raghuvanahalli, Kanakapura Road, Bangalore-560109  
Tel: +91 80 28435722\ 724, Fax: +91 80 28435723 www.ksit.ac.in



## Anti Sexual Harassment Committee-KSIT

In

Association with

Lions Club & WIE Affinity Group

IEEE KSIT SB



Cordially invites you on 03<sup>rd</sup> September 2018

for

Talk on

“Nurture the Future &  
Empower the Adolescent Girls”

by

**Dr. Hemavathi Srinivasan**

*Time: 1.30PM*

*Venue: ECE Seminar Hall*

*Followed by*

**Demonstration on**

“Self Defense”

by

**Dr. Ritesh Reddy and Team**

*Time: 2.30PM*

*Venue: Quadrangle*







# K.S. INSTITUTE OF TECHNOLOGY

## ANTI SEXUAL HARASSMENT COMMITTEE

### REPORT ON

### Nurture the Future-Empower the Adolescent Girls

The event for girls under Anti Sexual Harassment (ASH) committee, KSIT as per VTU notification dated 21/7/2017 with Ref: VTU/BGM/ICC/2017-18/3118 was conducted on 3<sup>rd</sup> September 2018. The event consisted of a talk on "Nurture the Future-Empower the Adolescent Girls" by Dr. Hemavathi Srinivasan, MBBS, DNB(OBG) FFMM at 1.30pm to 2.15pm in Electronics and Communication Engineering seminar hall followed by "Women's Safety" tactics demonstration in quadrangle by Dr. Ritesh Reddy, Director, Institute of Combat Studies and team, at 2.30 pm. More than 150 girl students were participated in the event.




In the talk, Dr. Hemavathi Srinivasan discussed about the effects of Polycystic Ovary Syndrome (PCOS) and Polycystic Ovary Disease (PCOD) in a women of reproductive age. Doctor advised all the young girls to follow the below mentioned tips for healthy lifestyle

- The girls should be advised to adopt healthy life style in the form of balanced diet, having locally available food articles like all cereals, pulses, beans, green leafy vegetables, seasonal fruits, jiggery and dairy products.
- Monotonous diet should be avoided as it will cause nutritional deficiencies.
- Under the effect of advertisement in TV and print media, they should avoid to become crazy to soft drinks, chocolates and junk food.




- They should be advised to play out door games and regular physical exercise like cycling, skipping, jogging, running and swimming etc.




**Exercise**

Obesity and irregular periods can be controlled by regular exercises.




**Yoga**

Yogasana's help a lot to keep PCOD symptoms in control. suryanamaskar is also very helpful.



**Pranayam**

Pranayam can greatly help in getting the hormones back to normal.



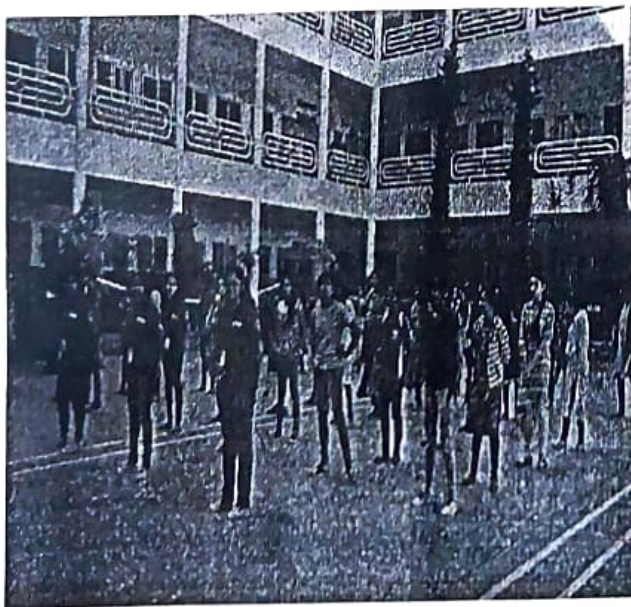
**Diet**

Include fruits, salads and green leafy vegetables. & reduce intake of refined carbs and dairy products.



Next event started with the demonstration given by the team from “**Institute of Combat Studies**”, Bengaluru. The demo was completely about different methods to be followed by women/students to safe guard themselves from different discomfort situations.

Mrs. Pushpanjali Reddy and team explained how to protect our self in anxiety situation using our day to day usage items such as keys, bags, mobile, paper etc and what tricks can be used to handle the attacker by live demo. Example **Dig the eyes out, poke the eyes, hit the nose with the base of the palm, dig your fingers below the adam’s apple.**





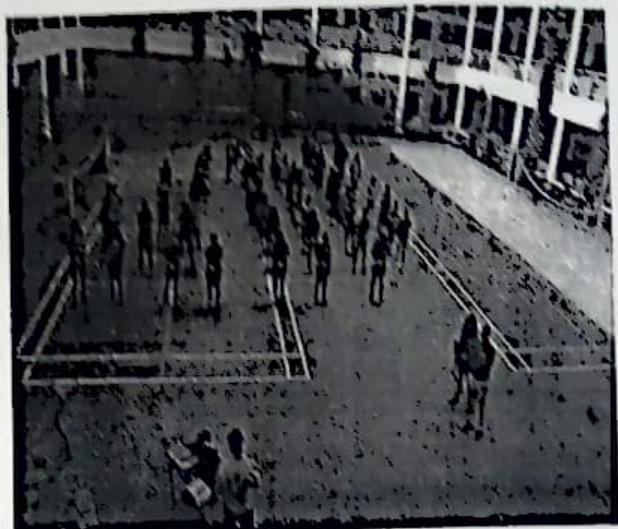


Fig1. Picture from "Women's Safety" book

Team of combat studies presented "Women's Safety" by Dr. Ritesh Reddy, # protectyourself and "de Facto" books to principal, ASH Chief co-ordinator and co-ordinators of all departments.



The event was concluded by taking a group photo with Dr. Hemavathi Srinivasan, Team of combat studies, ASH Chief co-ordinator and other co-ordinators of respective departments.

*[Signature]*  
11/09/18

Chief co-ordinator  
HEAD OF THE DEPARTMENT  
Dept. of Telecommunication Engg  
K. S. Institute of Technology  
Bangalore

*[Signature]*  
Principal 14.9.18

	Vandana.K. 7337620333. Vandana.k54320@gmail.com	1 <sup>st</sup> Sem 'G'	E.C.E	Vandana.K
2.	Sushmitha.R. 9845405649 Sush2552000@gmail.com	1 <sup>st</sup> Sem 'G'	E.C.E	R. Sushmitha
3.	Kaishma.M. 9986077780. Kaishma manjunath1303@gmail.com	1 <sup>st</sup> Sem 'E'	E.C.E	Kaishma M
4.	Thamushree D 9620003984 202000thamushreed@gmail.com	1 <sup>st</sup> Sem 'G'	ECE	Thamushree D
5.	Ashwini.J	1 <sup>st</sup> sem 'A'	CSE	Ashwini J
6.	Bhuvona.G	1 <sup>st</sup> sem 'A'	CSE	Bhuvona G
7.	Aishwarya.M.R	1 <sup>st</sup> Sem 'G'	T.C.E	Aishwarya
8.	Sneha.A.L	1 <sup>st</sup> Sem 'G'	T.C.E	Sneha A.L
9.	Supriya.S	1 <sup>st</sup> Sem 'G'	ECE	Supriya S
10.	Meghana.B.S.	1 <sup>st</sup> Sem 'F'	ECE	Meghana B.S
11.	Sneha.N	1 <sup>st</sup> Sem 'F'	ECE	Sneha N
12.	Navya.M.S	1 <sup>st</sup> sem 'F'	ECE	Navya M.S
13.	Pragathi.J.Reddy	1 <sup>st</sup> sem 'G'	TCE	Pragathi
14.	VAISHNAVI.G	1 <sup>st</sup> Sem 'G'	ECE	VAISHNAVI
15.	Harshitha.S	1 <sup>st</sup> Sem 'G'	TCE	Harshitha S
16.	ASHRITHA.S.G	1 <sup>st</sup> Sem 'E'	ECE	ASHRITHA
17.	Aishwarya Baidigani	1 <sup>st</sup> sem 'E'	ECE	Aishwarya